

Practicing Proper Hand Washing Techniques



Rinse hands with warm water.



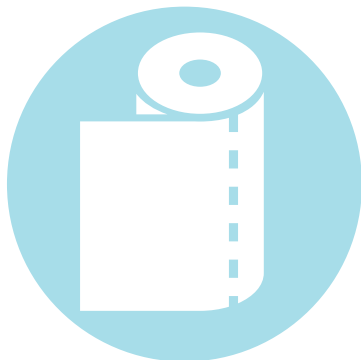
Apply Soap.



Scrub hands for at least 20 seconds – *palm to palm, back of hands, finger tips, between fingers, base of thumbs, fingernails and wrists.*



Rinse thoroughly.



Dry hands using a clean towel. Use a disposable towel to turn off water and open door when exiting the bathroom.